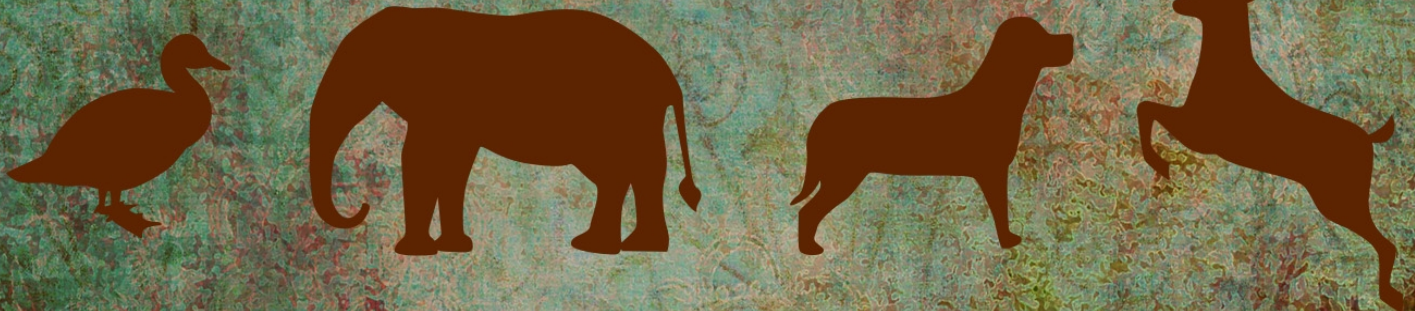


*Soul Self Series Book 4*

Let Your  
**SOUL SELF**  
Speak  
**OUT**

About  
**ANIMALS**



PATTY ANN



Let Your  
**SOUL SELF**  
Speak  
**OUT**



About  
**ANIMALS**

**Written & Designed  
By Patty Ann**

**Soul Self Series Book 4  
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Questions & Inquires? Visit [PattyAnn.net](http://PattyAnn.net)

## *Intention*

The Soul Self Series was created to nurture awareness in oneself through self discovery and exploration. This is a non-denominational guidebook series, and devoted to developing critical thinking skills and reflections thereto.

Each title is a stand alone book and can be read in any order. All books follow a familiar format, so the principles can be consumed easily.

## *Format*

The content is purposely concise to provide readers with bite-size reflective themes to consider. This activity includes thoughtful questions, which are posed as possibilities. Notations, and journaling, are encouraged to prompt engagement, and enlist mindful critiques for enrichment, and expansion.

## *Best Use*

For a suggestion, grab a pen or pencil. While reading you can then immediately capture your thoughts and write them in the notation spots. As the activity progresses, you will gather more ideas. Rather than writing full sentences, jot down key words and concepts that inspire you, while considering concepts and theories.

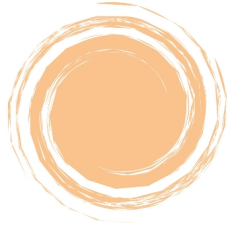
## *For Independent Study or Groups*

Although this guide is in a workbook format, it includes separate individual and group Q&A pages that can be interchanged.

These guides offer options! Facilitators can direct learners to explore and answer questions individually, in small groups, or by guided whole group discussions. Individuals can enjoy contemplating and journaling the topics.

*Thank YOU & Enjoy!*





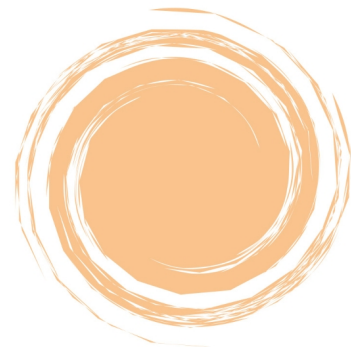
# *What About YOU & Your Connection to Animals?*

What is your role with regards to animals?  
Are you an animal owner, caretaker, breeder, or admirer?

Animals are as interwoven to the design of our planet as humans. Some exist for us to enjoy observation, such as our vast species of birds. Others have purposeful roles such as dogs who care-take the blind or deaf. Yet others are used for competitive sports such as horse racing, polo, rodeos, or show jumping.

Animals are here not just in service to humans. But rather, and like humans, animals come to experience their lives through their own type of manifested self.

This guide will explore myths and truths of animal souls. Their contributions, triumphs and tragedies at the hands of human interactions. Thought filled and heartfelt, the journey of animals will be shared through pondering possibilities, awareness building, and conscious connections.





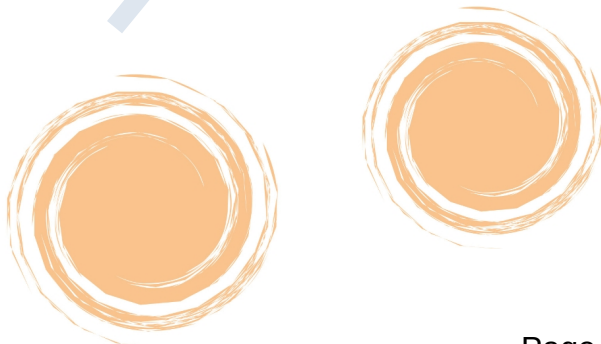
# *Animal Consciousness*

Animals are recognized as contributors, healers, mentors as well as spirit guides, and totems. For as long as animals have walked with humanity, they too have played an integral role in our collective ascension.

Animals live, breathe, have a heartbeat and bleed. Just as humans. When they crossover their spirit departs their bodies, just as humans. There is no debate or denying that animals learn, reason, and respond in interactions with humans and other animal species. Thank goodness, humanity has evolved dramatically toward animal welfare, since my childhood days in that classroom of discontent.

This book is not to argue with others who do not believe animals have souls, or are not purposeful on earth as us humans. This guide is about connecting deeper to the role animals have on earth. And, the intent in which animals have inhabited our planet as we have. And further to ponder their future, as our own.

Animals are designed to counterbalance the human mind and energy. Animals have long been thought of as inferior to humanity, and here to be in our service alone. In fact, animals have served humans for centuries. But, their serving us does not automatically mean they are inferior, and humans superior.



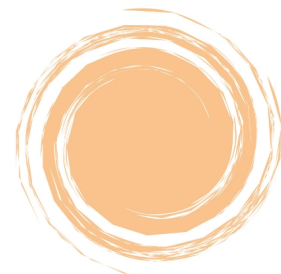
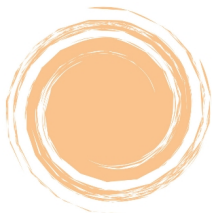
# *Animals are Unique, Different & Special*

Both, animals and humans have intelligence, instinct, and physical attributes specific to their own species. Animals are unique to their own, which cannot be compared to others. This includes all mammals, fish, and water beings; which will not be referred to here, yet their lives are of no less importance.

Animal physiques are specific to their breed, and breeding. Animals have significant brain ability, but are not wired like humans. Animals in the wild such as tigers, cougars, giraffes live primarily through their highly attuned natural instincts.

Domesticated animals, those who have daily interactions with people use their innate instinct too, yet have also expanded their capacity to behave in new ways humans bred and taught them to interact. Animals are born submissive. However, this does not mean they are less than. We as their caretakers must appreciate and celebrate our differences as much as our similarities.

Humans have long personified animals to the likeness of themselves. It is endearing and is becoming more common as our animals evolve alongside us. Animals show us their 'human' antics all the time. Look at all the social media posting of animals now, as never seen before!





Do you think the consciousness of animals is somewhat the same as, different, or at one with human consciousness?

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Do you think all animals and humans originate from the same source-energy?

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Service animals which help humanity are often honored as heroes. What advantage do these animals have? Is it a matter of design by their nature?

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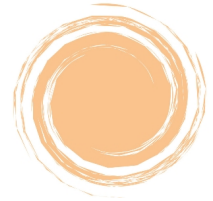
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Group Participants: \_\_\_\_\_



Hey Lily,  
WHAT IF We Could  
Be Any Animal?  
What Would You BE?

You're  
Looking  
AT IT!



Do you think an  
animal soul can  
transform into  
another species?



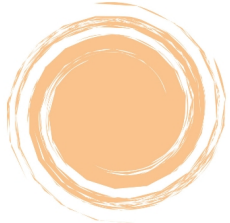
For instance,  
can a dog soul  
transform as  
a cow?

Or even perhaps  
...into a human  
body?

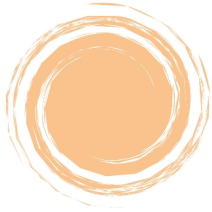


They Named  
Me "Cowdog"

WHAT IF  
They  
Figured  
Out I Am  
A COW  
Disguised  
As A Dog?





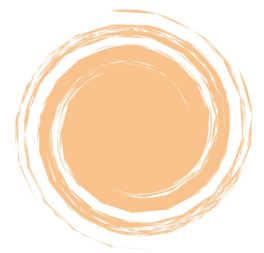


# Animal Aptitude

Animals have instinctual extrasensory perceptions that are beyond most people's perceptions. For instance, dogs can sniff out drugs inside luggage or mail parcels. Animals know before earthquakes hit. Because animals have innate characteristics they are tapped into nature's vibration.

Animals are not necessarily equal to humans. The word 'equal' references an equivalent of exactly the same. One can extend this logic of equality, but the argument becomes mind boggling. Animals, are however, equal in that they are uniquely designed as distinct—just as distinguished as humans!

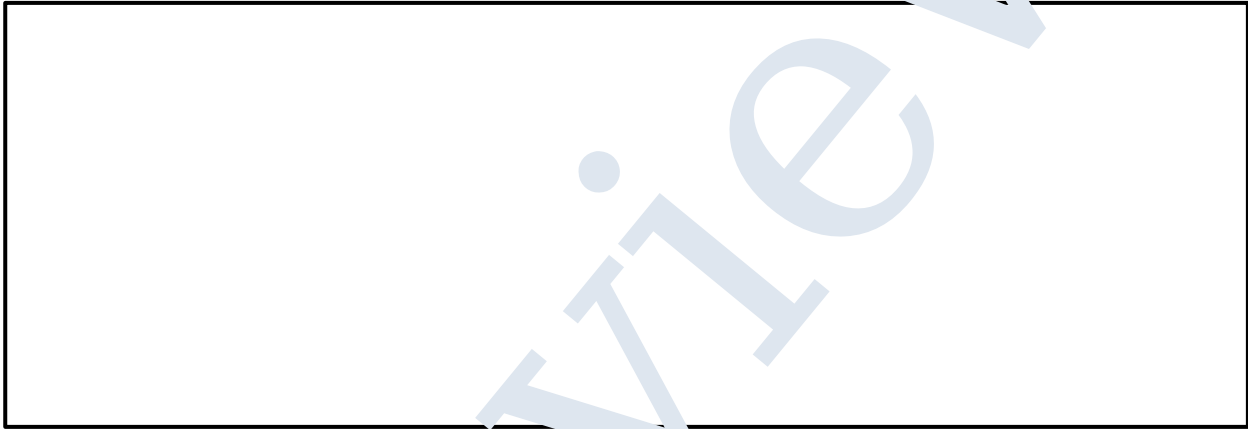
Animal consciousness lives as an unconditional being. Animals allow what is- to be just that. They are free of mankind's ego, and exist in the eternal now. All are attributes which are considered ascended spiritual quantities. So, perhaps animals are not equal to humans, but instead enlightened creations of god!?




# *Topics to Ponder & Discuss*



*Do animals have free will?  
Do they have choice?*



*Is there a difference between  
free will and free choice for  
animals, as it is for humans?*





What makes one animal a valued pet, and another regarded as a food product?

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Do you think conditions can- or will evolve to a point where animals will be treated equal to humans with regards to respect and reverence?

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Do all animals deserve consideration, such as their basic comforts and care— even those intended for food or research?

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# *Animals Help Humanity*

The opinions of why animals are bred and used are plenty. The previous lists illuminates how animals have extended and improved the quality of all human life for eons. And yet, no one likes to think about how animals are used in research to develop a life saving drug. Or the ways in which animals have been harvested for the dinner table. In some cultures what they consume for food, we consider as a precious pet.

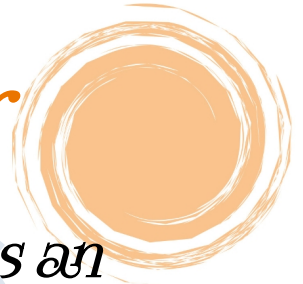
While the consciousness around animal welfare has risen, mankind will continue to source and consume animals as a way of life for a long time to come. Many consider this morally wrong; others believe it is their right to utilize animals as they see fit. The contrast is a vast divide between cultural beliefs. The conundrum is, and will be ongoing.



Hey..  
**WHAT IF**  
Humans Knew  
Animals are  
Here to Help  
People Find  
Their Way?

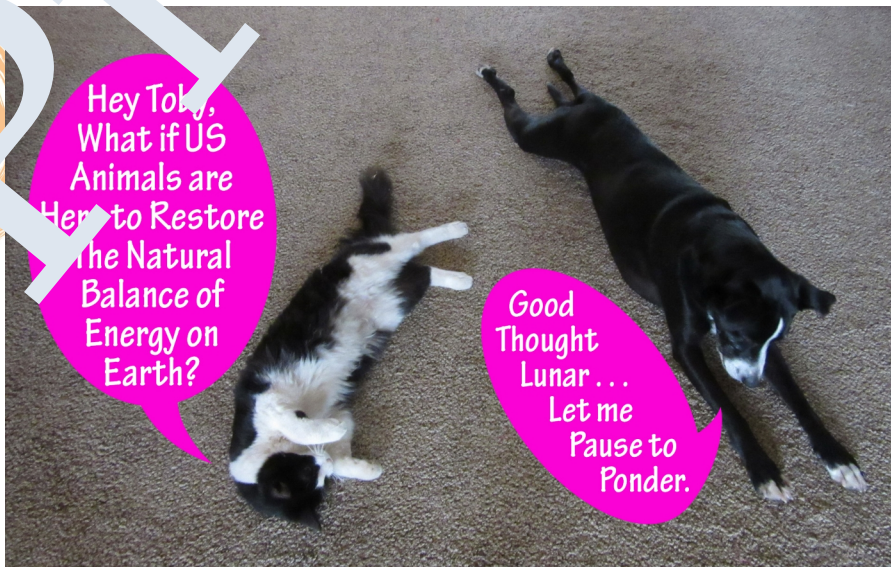
Would We  
Be Treated  
Different?

# Pause & Ponder



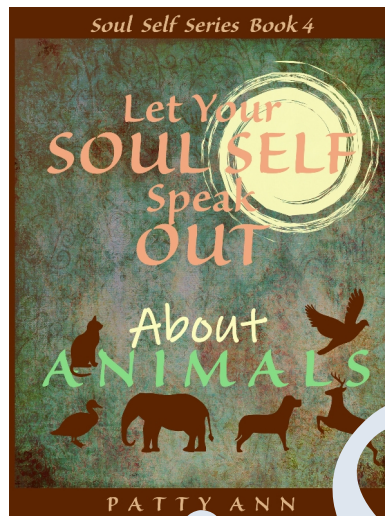
*Describe compassionate acts, you as an individual, can do to help animal welfare?*

*Has this critical thinking activity helped to raise your awareness concerning animals?*

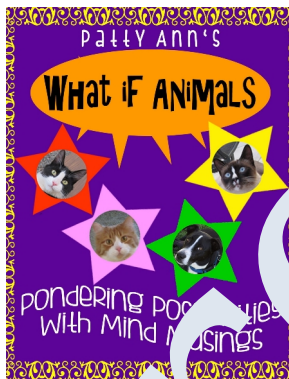




# Thank YOU for Enjoying



*Your Ratings & Comments are Appreciated!*



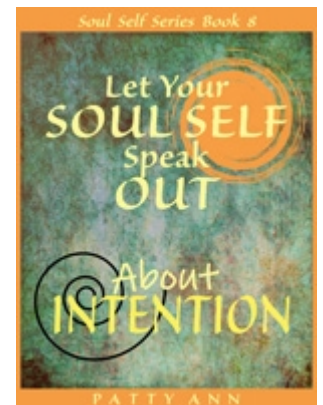
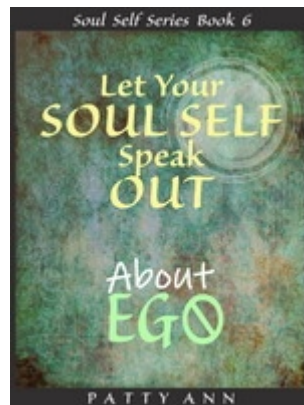
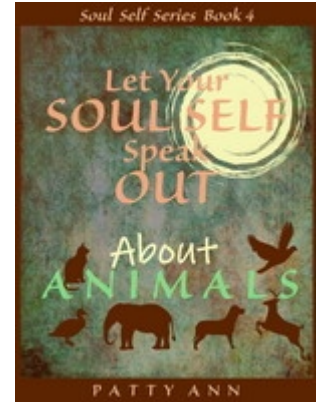
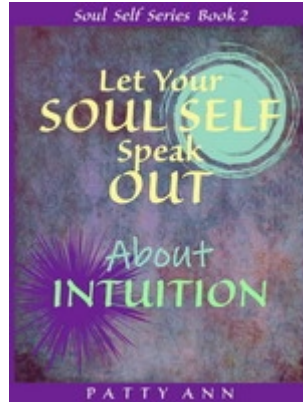
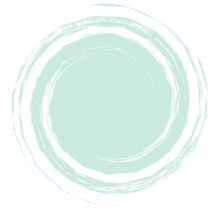
*Animal Cartoons are Found in  
Patty Ann's "What If Animals"*

*Enjoy Other Books in this Series!  
For Questions Visit [PattyAnn.net](http://PattyAnn.net)*

**THANK YOU FOR SUPPORTING**



# Journal Guides in this Series



Bundle of All  
10 Books in 1!

