

Problem

Solve

Using

An

iDeA

PaRtY



Seek
Advice

Find
Answers

Brainstorm
Concepts

BY
PATTY
ANN



SAMPLE PREVIEW CHAPTERS

Problem Solve Using An iDeA PaRtY

by Patty Ann

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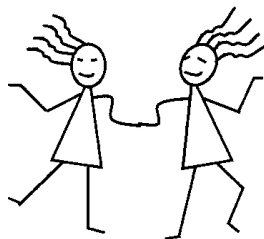
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Problem Solve Using An iDeA PaRtY

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cover & book design by
Patty Ann



Enjoy!

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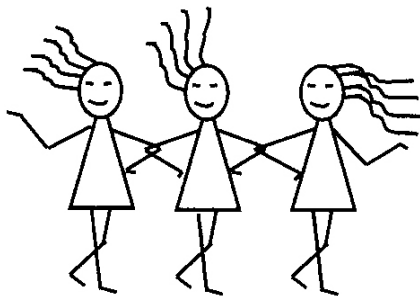
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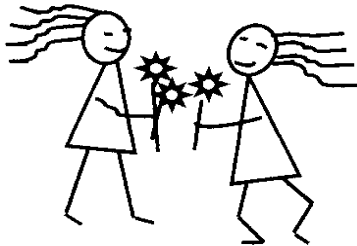
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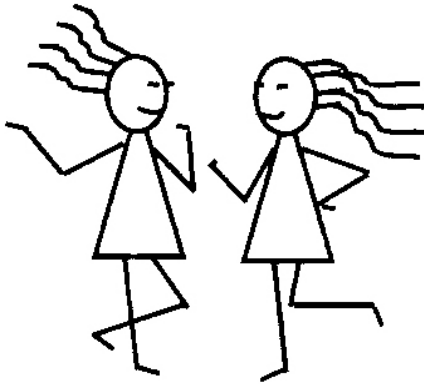
iDeA PaRtY Success!



iDeA PaRtY Concept

Any type of change can cause anxiety, at least for most people, and to some degree. But, does change need to be stressful? Certainly not! And, particularly not if you are part of a support group that helps contribute ideas towards the transition you seek. In this environment the very idea of change becomes fun, is even welcomed, and often inspiring.





Using an **iDeA PaRtY** will not only entertain, but also educate and enable you to fulfill your yearnings by drawing on the wisdom of your peers. Whether it's to guide your career aspirations, or to offer home remodeling advice, the principles taught in this book will make redirecting your future choices easier.

Why this Book & Why Now?

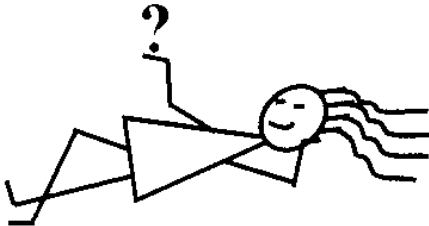
You are a self-sufficient,
independent person.
You seek challenge,
and welcome new
opportunities. We
often invite and
seek to change
whether personally
or professionally.
Midlife lifestyles
can easily slip
into a stagnant
mode; therefore
reinventing oneself
necessitates a catalyst.

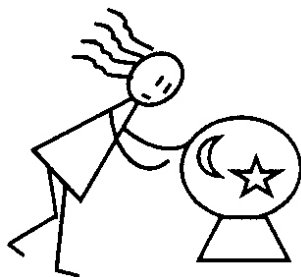


A Path to Resolution

WhErE iS LiFe TaKiNg YoU?

Have you ever wanted to look into a crystal ball to see the pathway of where your life was going to lead? Perhaps you've had a reading by a clairvoyant because of the novelty or to seek a direction to your life. Maybe the psychic even handed you morsels of your life, which fascinated you, making you wonder: how did this person know *that* about me?

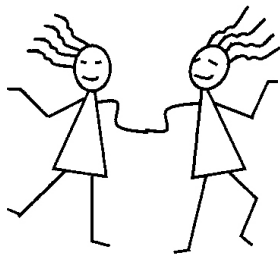




Is it really possible to see someone's future? More important, is it even possible to create your own future? The answer to these questions are yes, YES, and YES! If you have the slightest interest in where your life path is going, or even how to create a new direction for yourself then an **iDeA PaRtY** *should* be in your future.

LeArN about YoUrSeLf

It's fun to learn something new especially if it pertains to our self Sometimes these new discoveries are funny, interesting, even perplexing. Think about this: we spend the first part of our life in school learning about subjects – and not necessarily about ourselves. And, yet we love to hear what people comment about us in conversation, in passing remarks, or even in gossip. What a better way to have time devoted just to you and your concerns than to involve a group of peers who will help you learn about yourself – talk about you *to* you – all in a supportive environment.



ExPeRiEnCe ThE jOy oF sYnErGy

If you like social events, rather, parties with a purpose, an **iDeA PaRtY**

is for you. Party atmospheres are typically upbeat, happy places

to be, so bringing

this prerequisite to an

iDeA PaRtY is not to hard to accomplish.

When the stage is

set in a comfortable

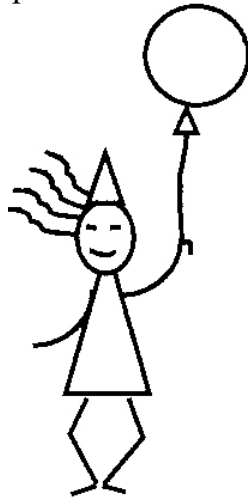
environment, in the

presence of people

you can trust, a

safe haven is created

for people to open up



to be themselves. If you are party cautious because you become anxious at the thought of having to be social among many people, an **IP** will definitely fit your style. The slightly structured style of this event coupled with a small group size lends itself to a more personable level.



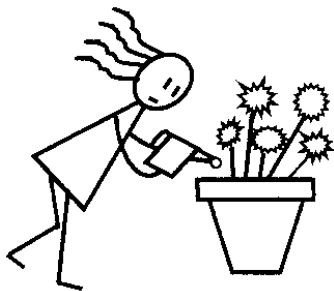
You will not be forced to wander aimlessly in the crowd looking for a familiar face. The beauty of an **IP** is everyone—including participants who know each other—are on the same playing field as everyone else.

An Idea is Born

ThE oRiGiN oF aN iDeA

What is an idea and where do they come from? Let's ponder this thought . . .

Ideas form from thought seeds. They germinate, are nurtured in incubation and then born into reality. However, it doesn't stop there. Ideas continue to mold, take shape, and mature as their fate destines them to be—always becoming more finite with clarity as they develop.



The Original iDeA PaRtY

iDeA PaRtYs InCepTiOn

In the beginning there were Birthday parties,
Surprise parties, Graduation parties, and
Retirement parties,

but

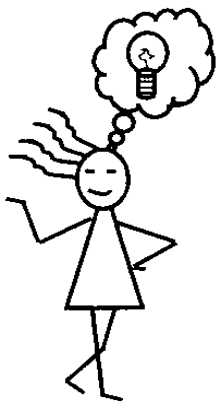
then

along

came an

iDeA PaRtY

and, life changed!



TyPeS oF iDeA pArTyS

My first group **iDeA PaRtY** was to generate thoughts on alternatives to living our lives. We were all highly productive and happy as we were. However, we each were seeking advice and feedback for our particular situations. Our then- and thereafter case stories are told towards the end of this book.

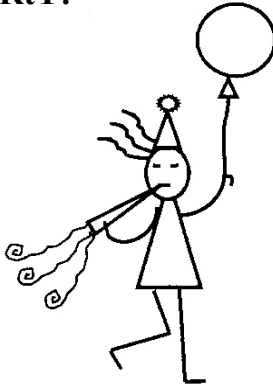
An **IP** is perfect for making small, but significant adjustments in your professional duties—or on a much larger scale such as a complete career transition. An **IP** is quite versatile. This format can be used in a home environment to discuss personal issues, or in the workplace for brainstorming organizational projects.

As well, an **iDeA Party** can be an informal half hour impromptu session, or a planned 3 hour group gathering.

There are many other ways to use the idea party theme. Let's look at some...

- ♥ Discussions for Parenting Teen Drivers
- ♥ Project Planning Steps & Strategies
- ♥ Job Interviewing Techniques and Advice
- ♥ Career Path Guidance Suggestions
- ♥ Seeking Relationship Feedback
- ♥ Teacher Curricula Development Ideas
- ♥ Finding Answers for Workplace Challenges
- ♥ Ideas for Startups as a New Entrepreneur
- ♥ Feedback for Handling Finances
- ♥ Find Resolutions for Projects Gone Astray

- ♥ Writers Workshop:
Critiques and Ideas for Compositions
- ♥ Artist Retreats:
Evaluate Art Techniques for Improvement
- ♥ Give a RIP (**R**emodeling **I**dea **P**arty)
Ideas for How-To-Do Home Projects
- ♥ Small Business Marketing Strategies
- ♥ The Sky is NOT the Limit for
an **iDeA PaRtY!**



Who's the Leader? You Are!

GrOuP FaCiLiTaTiOn

What is group facilitation and how does it work? These aren't just words of a process – it *is* a process of the way a group functions. The word *facilitate* means to make easy, or make possible. As the group leader you are a facilitator. This does not mean you have to be a stern dictator, but rather someone who assists and guides the group towards their goals. As mentioned before, having an **IP** can be a shared experience and it is best if everyone gets involved.

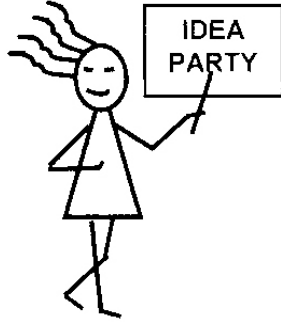


One way to hold a party is to have one person lead the party for half the time, and someone else for the other half. Remember, most likely if you decided to host the party in the first place you will also be the leader, however you'll want your turn facilitated by someone else when your time comes. If you wear too many hats (as a host, a facilitator, a recorder, etc.) you will not be able to enjoy your session without exhaustion. Nor will you be able to contribute your great ideas to those who came. So the best advice is to:

- Share the leadership responsibilities
- Make sure you get your turn
- When you do facilitate, do so in an upbeat, light-hearted manner

FaCiLiTaToR TiPs

- Remain impartial despite personal preferences
- Steer the group away from telling others what they should/should not do. Instead have participants offer suggestions to their peers.
- Monitor and move the session along
- Let everyone have an equal turn sharing and receiving information



Make An iDea PaRtY Success!

This section introduces guidelines that help you get the most out an **IP**, either as a hostess or as an attendee. Come and enjoy an **IP**, but to take away knowledge that will improve your life you need to commit to several items.

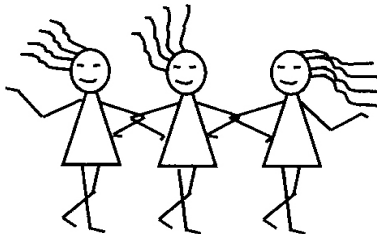
How does this apply to an **IP**? To get the most out of an **IP** you need to take responsibility for past behaviors and see how they may have influenced your goals. In order for the group to give you ideas to help, you need to share your soul in a truly honest fashion. Telling the group of your roadblocks does not diminish you in any way. It is courageous to step up and take a sincere look at yourself in an effort to

positively change your life. Remember, the group is not there to make judgments on your behaviors. They are there to offer support and contribute ideas towards your dreams.

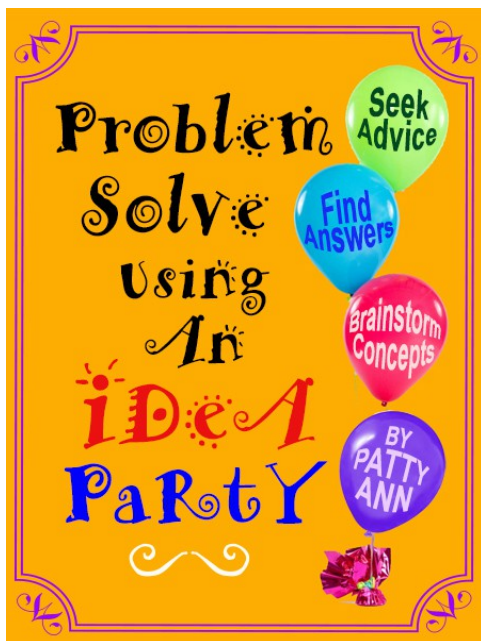
Additionally, if you open up in an honest dialogue it is contagious and will help others to do the same, which in turn will create a dynamic learning environment.

Important! Even if the **IP** participants told you what you already knew, it is validation that your ideas are right on track!

Enjoy, Have Fun, Relax, Party On.



Thank You for Previewing



Your Rating on this Book is Appreciated!

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ABOUT THE AUTHOR

Patty Ann is a life-long educator who has taught college, high school, and was an Instructional Designer who wrote training for corporate development. Now Patty authors a variety of genres. From fiction and non-fiction, to real life use-it-now lesson books.

Patty is an avid animal lover. Her book proceeds benefit animal welfare through her **Patty Ann's Pet Project** a 501(c)(3). View more thought provoking books and/or contact Patty through her website at **PattyAnn.net**. Thank you!

